



thank you very much. (J. K. Rowling, Harry Potter and the Philosopher's Stone)

YB

Young Bristol

works for young people

WORKS FOR YOUNG PEOPLE: Tovia

Tovia was first introduced to the **Young Bristol involved Team** by her Connexions personal adviser. The 19 year old was interested in doing something in her community and was able to get involved in the Young Parents Peer Education Project. As a mother of a toddler herself she was aware of the issues that young parents face.

Young Bristol youth workers supported Tovia and a group of other young parents to develop lessons and educational materials exploring the realities of sex and relationships. As well as writing the material, they were also trained to work in schools delivering lessons to large groups of students.

Tovia delivered a number of these sessions in school, doing two of the lessons on her own. She showed great commitment to the project - often spending time in between sessions preparing materials, coming into the office etc. All this balanced with looking after her own child.

The tasks that Tovia undertook were often daunting at first, but with

encouragement she has grown in confidence and embraced the challenges that she has faced.

Tovia now coordinates the project and is working with the Meriton (an education centre for young mothers in Bristol) to develop it.

“...it’s a really good and valuable opportunity to tell other young people about what it is really like being a mum at 18 ... getting mum’s like us in the group to do it really hits home so they are more likely to think before they act...”

Tovia with a group at the City Academy